



What's New at WALA April 2010



Dear Sir or Madam,

Spring brings new energy – body and spirit rejoice in the mild air and the fresh colours, and above all in putting away that heavy winter coat. So what better time to actively address our personal health and that of our skin? This Newsletter offers practical tips on how to organise your own spring activity programme for firm, healthy skin and tells you how the kidney tonic *WALA Nierentonikum** can aid a detox diet.

Further topics

- The active regimen for firm skin
- Sponsoring: The NAJU children's competition Experience Spring
- Tell us what you think about Rose Body Moisturizer!
- Tip of the month: WALA Nierentonikum
- Plant portrait: Birch
- Three questions for Dr. Karl-Heinz Hofbauer

Have fun reading this and the many other articles!
Your spring-fresh WALA Newsletter Team



Your active regimen for firm skin – with lemon body care products from Dr.Hauschka Skin Care

When the warmth of the sun finally returns in the springtime, the skin is grateful to receive special care. As of now, three refreshing Dr.Hauschka lemon body care products are available in stores in handy, limited-edition 30-ml sizes – ideal for trying out, giving as gifts, or just to give yourself and your skin an invigorating boost. And for additional support the lemon body care products come with a free brochure outlining an active programme for firmer skin.

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WALA is sponsoring the NAJU children's competition Experience Spring

WALA is acting as "Spring Sponsor" for the children's competition Experience Spring which is being organised by NAJU, the children's section of the German nature conservation organisation NABU. We are supporting the competition as its main sponsor because we are convinced that taking nature's path is the only way to a future.

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Tell us what you think about Rose Body Moisturizer!

Dr.Hauschka Rose Body Moisturizer first saw the light of day around 16 years ago. The powerful moisturising lotion was launched in March 1994 and since then has been one of the most successful products in the Dr.Hauschka Body Care range. Are you familiar with our Rose Body Moisturizer? We would like to hear from you, so please take part in our little survey and give us your brief and honest opinion about this rosy body lotion!

[To the survey](#)



Tip of the month: WALA Nierentonikum

Spring has arrived! Anyone thinking of undertaking a detox diet to clear out the system will find *WALA Nierentonikum** a valuable support. A four- to six-week treatment with this kidney tonic, containing a composition of birch leaves and juniper berries, stimulates the excretory activity of the kidneys, enabling them to cleanse and detoxify the body.

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Plant portrait: Birch

Birch stimulates kidney function and is thus the ideal medicinal plant to give the body a spring-clean. But birch has many more uses. Just one example: paper made from birch bark.

[To the Plant Portrait](#)

[More Portraits](#)



Three questions for Dr. Karl-Heinz Hofbauer

Have you always wanted to know how the little white WALA Medicines globules are made? Or where the term *globuli velati* comes from? Then you're in luck! In this month's interview Dr. Karl-Heinz Hofbauer, head of the manufacturing section for *globuli velati*, answers these and other questions all about our little round helpers.

[To the interview](#)

*Prescribing information

Nierentonikum (kidney tonic)

Active ingredient: Extract of *betula, folium*; *juniperi pseudo-fructus*. Indications: Stimulation of the excretory function of the kidneys in urinary tract infections and in metabolic disorders leading to deposits and degenerative changes such as gout, rheumatism, sclerosis. Warning: This medicinal product contains sucrose and a mixture of glucose and fructose (honey).

Service informations

Dr.Hauschka Med and Dr.Hauschka Skin Care products are available from authorised retailers, including natural food stores, natural beauty shops, department stores, perfume stores, pharmacies and Dr.Hauschka Estheticians. The Dr.Hauschka Service Team will give you the names of local suppliers and will answer any questions you may have. To contact them, call +49 (0)7164 930-181, Monday to Friday between 8 a.m. and 5 p.m. Or visit us on the Internet at www.dr.hauschka.de. Further information on natural skin care can be found at www.naturalbeauty.de.

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